

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 537-0236.	Location Guide CHH-Capital Health Hopewell HTB-Hopewell Town. Building HVCHS-HV Central High School HVY-HV YMCA MCL-MC Library, Hopewell Branch	PPC- Pennington Presbyterian Church PPL-Pennington Public Library SMC-St. Mathews Church			1 11:30-Lunch: 12:30-Brown Bag Lunch (PPC)	2
3	4 10:30-Healthy Bones (SMC) 11:30-Lunch: 2-Social Bridge	5 11:30-Lunch: 1- Artists' Choice	6 10- Bingo 10:45-Healthy Bones (HTB) 11:30-Lunch: 1:30-Getting Started with Email	7 10-Active Aging Exercise (HTB) 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1:30-Mahjongg	8 8:30- 55+ Breakfast Series (CHH) 11:30-Lunch:	9
10	11 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: 2-Social Bridge 2-Book Club (MCL)	12 10-Blood Pressure 11:30-Lunch: 1- Artists' Choice 3-Tech Time (MCL)	13 10:45-Healthy Bones (HTB) 11:30-Lunch: 2- Senior Advisory Board	14 10-Active Aging Exercise (HTB) 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1:30-Mahjongg	15 11:30-Lunch:	16
17	18 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11-Mondays with Mia (HTB) 11:30-Lunch: 1- NEWSLETTER FOLDING	19 10-Blood Pressure HTB) 11:30-Lunch: 1- Artists' Choice 3-Aging-In-Place Meeting	20 10- Cookie Exchange 10:45-Healthy Bones (HTB) 11:30-Lunch: 2-The Short of It (MCL)	21 10-Active Aging Exercise (HTB) 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1:30-Mahjongg	22 11:30-Lunch:	23
24/31	25 CLOSED: CHRISTMAS	26 CLOSED	27 10:45-Healthy Bones (HTB) 11:30-Lunch: 1:30 & 6:15-End of Month Movie: The Zookeeper's Wife (MCL)	28 10-Active Aging Exercise (HTB) 10-End of Year Celebration 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1:30-Mahjongg	29 11:30-Lunch:	30