

February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 11-Heart Healthy Health Fair (HTB) 11:30-Lunch: Pizza 1- Men's Billiards Club (HVY)	2 11:30-Lunch: Potato Crusted Fish w/ Tartar Sauce 12:30-Brown Bag Lunch (PPC)	3
4	5 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: "Hoagie" Salami, ham & Cheese 2-Social Bridge	6 10-AARP Tax Aid (MCL) 11:30-Lunch: BBQ Chicken Leg Quarter 1-Artists' Choice	7 10-Bingo 10:45-Healthy Bones (HTB) 11:30-Lunch: 2 Hot Dogs	8 11:30-Lunch: Beef & Broccoli w/ Teriyaki Sauce 1- Men's Billiards Club (HVY)	9 11:30-Lunch: Stuffed Shells w/ Tomato Sauce 1-Knitting Club	10
11	12 CLOSED: LINCOLN'S BIRTHDAY	13 10-Vision Screening (HTB) 10-AARP Tax Aid (MCL) 10-Blood Pressure 11:30-Lunch: Sweetish Meatballs 1-Artists' Choice	14 10:45-Healthy Bones (HTB) 11:30-Lunch: Stuffed Cabbage w/ Tomato Sauce	15 11:30-Lunch: Breaded Chicken Patty 1- Men's Billiards Club (HVY)	16 11:30-Lunch: Tuna Salad 1-Newsletter Folding	17
18	19 CLOSED: PRESIDENTS' DAY	20 10-Blood Pressure (HTB) 10-AARP Tax Aid (MCL) 11:30-Lunch: Ham w/ Pine-apple Sauce 1-Artists' Choice	21 10-What's New in Dentistry 10:45-Healthy Bones (HTB) 11:30-Lunch: Eggplant Parm 2- Senior Advisory Board 6-PAD (CHH)	22 11:30-Lunch: Kielbasa w/ Sauerkraut 1- Men's Billiards Club (HVY) 1:30-Mahjongg	23 11:30-Lunch:Crab Cake w/ Tartar Sauce	24
25	26 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Pot Roast w/ Brown Gravy	27 10-AARP Tax Aid (MCL) 11:30-Lunch: Chicken Pot Pie 1-Artists' Choice	28 10- Fire Safety For Older Adults 10:45-Healthy Bones (HTB) 11:30-Lunch: Ruben 12:15-Senior Luncheon (HVCHS) 1:30 and 6:30- Movie: Dean (MCL)	All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 737-0605, ext. 6360.	Location Guide BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley Central High School	HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch PPC-Pennington Presbyterian Church PPL-Pennington Public Library SAC-St. Alphonsus Church SMC-St. Matthews Church