

# September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 737	<b>Location Guide</b> BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCCHS-Hopewell Valley Central High School	HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch MCP- Mercer County Park PPC-Pennington Presbyterian Church SAC-St. Alphonsus Church SMC-St. Matthews Church				1
2	3 <b>CLOSED: Labor Day</b>	4 10-Blood Pressure 11:30-Lunch: Chicken Stuffed w/ Swiss Cheese and Ham 1-Artists' Choice	5 10:30-Bingo <b>10:45-Healthy Bones (HTB)</b> 11:30-Lunch: Sweet Italian Sausage	6 11:30-Lunch: Roasted Turkey w/ Gravy <b>1- Men's Billiards Club (HVY)</b> 1:30-Mahjongg <b>3:30-Artists' Choice Art Show</b>	7 11:30-Lunch: Crab Cake w/ Tartar Sauce <b>1:30-First Friday Films- 15:17 to Paris (MCL)</b>	8 <b>Senior Olympics</b>
9 <b>Senior Olympics</b>	10 10-Fire Safety for Older Adults (MCL) 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Stuffed Pepper 1:30-Social Bridge 2-Book Club (MCL)	11 11:30-Lunch: Low Salt Ham w/ Pineapple Sauce 1-Artists' Choice	12 <b>10:45-Healthy Bones (HTB)</b> 11:30-Lunch: (2) Beef Stuffed Tacos <b>2-The Short of It (MCL)</b>	13 <b>12-SENIOR PICNIC (WXSP)</b> <b>1- Men's Billiards Club (HVY)</b> <b>Senior Center Closed!</b>	14 11:30-Lunch: Salad w/ Chicken Strips 1-Knitting Club	15
16	17 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11-Mondays with Mia (HTB) 11:30-Lunch: Chicken Francaise 12:30-Newsletter Folding 1:30-Social Bridge	18 10-Blood Pressure (HTB) 10-Grandpals Meeting (HTB) 11:30-Lunch: Turkey & Provolone 1-Artists' Choice 7-Medicare (MCL)	19 <b>10:45-Healthy Bones (HTB)</b> 11:30-Lunch: Chicken Pot Pie 2-Senior Advisory Board	20 11:30-Lunch: Breaded Pork Chop <b>1- Men's Billiards Club (HVY)</b> 1:30-Mahjongg	21 <b>11-Red, White &amp; Blue Picnic (MCP)</b> 1-Jewelry/Bead Making	22
23/30	24 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Fried Chicken 1:30-Social Bridge	25 11:30-Lunch: Meatloaf w/ Mushroom Gravy 1-Artists' Choice <b>6:30-Vaccines for Older Adults (PPL)</b>	26 10-Wild Birds 10:45-Healthy Bones (HTB) 11:30-Lunch: (2) Turkey Hot Dogs 1:30 & 6:15: Movies for Adults: Wonder Woman (MCL) 2-HT Flu Clinic (HTB)	27 11:30-Lunch: Swedish Meatballs <b>1- Men's Billiards Club (HVY)</b> 1:30-Mahjongg	28 11:30-Lunch: Eggplant Rollatini	29