

April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 537</p>	<p>1 10:45-Healthy Bones (HTB) 11:30-Lunch: Salisbury Steak 1:30-Social Bridge</p>	<p>2 10-Blood Pressure 11:30-Lunch: Kielbasa 1-Artists' Choice</p>	<p>3 10:30-Bingo 10:45-Healthy Bones (HTB) 11:30-Lunch: Breaded Chicken Cutlet</p>	<p>4 9-AARP Safe Driver (MLG) 10-Active Aging (HTB) 11:30-Lunch: Pork Chop 1- Billiards Club (HVY)</p>	<p>5 11:30-Lunch: Baked Fish 12:30-Brown Bag Lunch (PPC) 1:30-First Friday Film: BlackKlansman (MCL)</p>	<p>6 Free Tree Seedling Giveaway, HT Residents Only (HTPW)</p>	
	<p>7</p>	<p>8 10:30-Healthy Bones (HTB) 11:30-Lunch: Beef Chili w/ Beans 1:30-Social Bridge</p>	<p>9 11:30-Lunch: Salad w/ Chicken Strips 1-Artists' Choice</p>	<p>10 10:45-Healthy Bones (HTB) 11:30-Lunch: (2) Hot Dogs 1-Bead & Jewelry Group 2-The Short of It (MCL)</p>	<p>11 10-Active Aging Spring Session Begins (HTB) 11:30-Lunch:Chicken Pot Pie 1- Billiards Club (HVY) 1:30-Mahjongg</p>	<p>12 9-Birthday Breakfast (HVGC) 11:30-Lunch: Crab Cakes 1-Knitting Club</p>	<p>13</p>
	<p>14</p>	<p>15 10:30-Healthy Bones (HTB) 11:30-Lunch: Fried Chicken 12:30- Newsletter Folding 1:30- Social Bridge</p>	<p>16 10-Blood Pressure (HTB) 11:30-Lunch: Meatballs w/ Tomato Sauce 1-Artists' Choice</p>	<p>17 10-Healthy Outlooks for Older Adults 10:45-Healthy Bones (HTB) 11:30-Lunch: Chicken Cordon Bleu</p>	<p>18 10-Active Aging (HTB) 11:30-Lunch: Low Salt Ham 1- Billiards Club (HVY) 1:30-Mahjongg</p>	<p>19 CLOSED: GOOD FRIDAY</p>	<p>20</p>
	<p>21</p>	<p>22 10:30-Healthy Bones (HTB) 11:30-Lunch: Omelet w/ Salsa 1:30-Social Bridge</p>	<p>23 11:30-Lunch: Beef & Broccoli 1-Artists' Choice</p>	<p>24 10-Downsizing 10:45-Healthy Bones (HTB) 11:30-Lunch: Italian Sausage 1:30 & 6:30 Movies for Adults: Measure of a Man (MCL)</p>	<p>25 11:30-Lunch: Stuffed Cabbage 1- Billiards Club (HVY) 1:30-Mahjongg</p>	<p>26 11:30- Lunch: Tuna Salad on Lettuce Leaf</p>	<p>27</p>
	<p>28</p>	<p>29 10- Coffee Connections: Hopewell Theater 10:30-Healthy Bones (HTB) 11:30-Lunch: Beef Tacos</p>	<p>30 11:30-Lunch: Cold Box Lunch 1-Artists' Choice</p>			<p>Location Guide BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley Central High School</p>	<p>HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch MLG-Medina Law Group PB-Pennington Borough PPC-Pennington Presbyterian Church SJC- St. James Church</p>