



September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  CLOSED labor day	3 10-Blood Pressure 11:30-Lunch: Chicken Stuffed with Cheese and Broccoli 1- Artists' Choice (HTB)	4 10:30-Bingo 10:30-Healthy Bones (HTB) 11:30-Lunch: Sweet Italian Sausage	5 10-Active Aging (HTB) 11:30-Lunch: Roasted Turkey 1- Billiards Club (HVY) 1:30-Mahjongg (HTB) 3:30- Artists' Choice Art	6 11:30- Lunch: Crab Cake 12:30-Brown Bag Lunch (PPC) 1:30-First Friday Film:	7
8	9 10:30-Healthy Bones (HTB) 11:30-Lunch: Salisbury Steak 2- Social Bridge (HTB) 2-Senior Book Group (MCL)	10 11:30-Lunch: Chicken Salad 1- Artists' Choice (HTB)	11 10:30-Healthy Bones (HTB) 11:30-Lunch: Beef Tacos 1-Let's Chat Social Group (HTB) 2-The Short of It (MCL)	12 12-SENIOR PICNIC (WXSP) Senior Center CLOSED 1- Billiards Club (HVY) 1-Mahjongg (HTB)	13 Mercer County Red White & Blue Nutrition Picnic (Hamilton) Senior Center CLOSED	14 Brandywine Living Community Yard Sale 8am-1pm
15	16 10:30-Healthy Bones (HTB) 10:30- T'ai Chi (SJC) 11:30-Lunch:Chicken Francaise 12:30- Newsletter Folding 2- Social Bridge (HTB)	17 10- GrandPals Meeting (HTB) 10-Blood Pressure (HTB) 11:30-Lunch: Turkey & Provolone 1- Artists' Choice (HTB)	18 10- Healthy Living for Brain & Body 10:30-Healthy Bones (HTB) 11:30-Lunch: Meatballs 2- Senior Advisory Board (HTB) 6-Better Hearing (HTB)	19 10-Active Aging (HTB) 11:30-Lunch: Breaded Pork Chop 1- Billiards Club (HVY)	20 11:30-Lunch: Salad w/ Chicken Strips	21  HOPEWELL HARVEST FAIR 10am-4pm Hopewell
22	23 10:30-Healthy Bones (HTB) 10:30- T'ai Chi (SJC) 11:30-Lunch: Fried Chicken 2- Social Bridge (HTB)	24 11:30-Lunch: Beef Stew 1- Artists' Choice (HTB) 2-Hopewell Twp Flu Clinic (HTB) 6:30- Baby Boomer: Planning Retirement Together (PPL)	25 10-Vertigo 10:30-Healthy Bones (HTB) 11:30-Lunch: Hot Dogs 1:30 & 6:30-Movies for Adults: Book Club (MCL)	26 10-Active Aging (HTB) 11:30-Lunch: Beef Chili 1- Billiards Club (HVY) 1:30-Mahjongg (HTB)	27 11:30- Lunch: Eggplant Rollatini	28
29	30 10:30-Healthy Bones (HTB) 10:30- T'ai Chi (SJC) 11:30-Lunch: BBQ Chicken Breast 2- Social Bridge (HTB)			Location Guide BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley Central High School	HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch MLG-Medina Law Group PB-Pennington Borough PPC-Pennington Presbyterian Church SJC- St. James Church	All Afternoon Programs have been moved to the Hopewell Township Building during Senior Center Renovations. The Senior Center will remain open for lunch daily!