





November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Afternoon Programs have been moved to the Hopewell Township Building during Senior Center Renovations. The Senior Center will remain open for lunch daily!	Location Guide BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HVCHS-Hopewell Valley Central High School	HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch PB-Pennington Borough PPC-Pennington Presbyterian Church SJC- St. James Church			1 11:30- Lunch: Baked Fish 12:30-Brown Bag Lunch (PPC) 1:30-First Friday Film: (MCL)	2
3	4 10:30-Healthy Bones (HTB) 10:30- T'ai Chi (SJC) 10:30- Medicare (MCL) 11:30-Lunch: Hot Dogs 1:30-The Cove (MCL)	5 SENIOR CENTER CLOSED 1- Artists' Choice (HTB) 1- Billiards Club (HVY) 	6 10:30-Bingo 10:30-Healthy Bones (HTB) 11:30-Lunch: Stuffed Cabbage	7 10-Active Aging (HTB) 11:30-Lunch: Fried Chicken 1:30-Mahjongg (HTB)	8 10- Wild Birds 10-POLST (MCL) 11:30-Lunch: Meatballs 1-Knitting Club (HTB)	9 11- Veterans Day Ceremony, Woolsey Park. Washington Crossing Pennington Road. Rain or Shine, Bring Lawn Chairs, Uniform Appropriate
10	11 CLOSED: 	12 10- Blood Pressure 11:30-Lunch: Salisbury Steak 1- Artists' Choice (HTB)	13 10- Interfaith Caregivers 10:30-Healthy Bones (HTB) 11:30-Lunch: Beef Burger 1-Let's Chat Social Group (HTB)	14 10-Active Aging (HTB) 11:30-Lunch: Roasted Pork 1:30-Mahjongg (HTB)	15 11:30-Lunch: Crab Cakes	16
17	18 10:30-Healthy Bones (HTB) 10:30- T'ai Chi (SJC) 11:30-Lunch: Omelet 10:30- Newsletter Folding	19 10-Blood Pressure (HTB) 11:30-Lunch: BBQ Chicken Leg 1- Artists' Choice (HTB) 1- Billiards Club (HVY)	20 10:30-Healthy Bones (HTB) 11:30-Lunch: Breaded Pork Chop 2- Senior Advisory Board (HTB)	21 10-Active Aging (HTB) 11:30- Lunch: Pot Roast 1:30-Mahjongg (HTB) 6-Pancreatic Cancer (CHH)	22 9-AARP Safe Driver (HTB) 11:30- Lunch: Chicken Marsala	23
24	25 10:30-Healthy Bones (HTB) 11:30-Lunch: Salad w/ Chicken Strips 2- Social Bridge (MCL)	26 11:30-Lunch: Sirloin Beef Tips 1- Artists' Choice (HTB) 1- Billiards Club (HVY)	27 10:30-Healthy Bones (HTB) 11:30-Lunch: Turkey w/ Gravy 1:30 Movies for Adults: Ocean's 8 (MCL)	28 CLOSED: 	29 	30