

# Senior Spirit

Hopewell Valley Senior Services Newsletter

February 2017, Vol. 11, No. 2

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## AARP Tax-Aide



AARP Tax-Aide volunteers will be available to help Hopewell Valley residents prepare tax returns and answer tax questions. Dates and locations are as follows:

**Wednesday: February 22, March 8, March 29, and April 5  
1:00pm-4:00pm**

***Hopewell Valley Senior Center, 395 Reading Street, Pennington***

This service is provided by local AARP volunteers with special attention to those age 60 and over. Residents are asked to bring all relevant financial information for 2016, as well as 2015 federal and NJ tax returns to their appointments.

Appointments are required. Please call (609)737-0605, ext. 636 or rknechel@hopewelltp.org to make an appointment or for more information. For year-round tax assistance visit [www.aarp.org/taxaide](http://www.aarp.org/taxaide).



### **Senior News**

**Grief Support Group** on Tuesday evenings from 6-7:30pm at the Calvary Baptist Church, 3 East Broad St. in Hopewell. **Register by contacting (609)466-1880 or (609)209-6046 or email [info@calvarybaptisthopewell.com](mailto:info@calvarybaptisthopewell.com).**

**Mercer County Surrogate** is available on the third Friday of the month at the Hopewell Township Municipal Building and the second Thursday of the month at Pennington Borough Hall. The County Surrogate's Office provides the following services: probate or administration of an estate, adoption filing, appointment of incapacitated person, appointment of guardian of property for minor funds, review of formal accounting, contested probate filings, as well as marriage ceremonies. **Appointments required. To schedule an appointment with the surrogate, please call 989-6336.**

**2-1-1** is a free, user-friendly phone number that serves 90% of America's population, and connects some 16 million people a year to critical resources, information and services. In New Jersey, more than 210,000 people turned to 2-1-1 for help last year. People called to find information for meeting basic needs, like heating or utility assistance, emergency help, or to find the closest food bank. But they also called for everyday information, to find out where to take their child for developmental screening, or how to locate job training or to find free tax filing support. NJ residents can also visit [www.nj211.org](http://www.nj211.org) to "self-serve," whether to read about how to find help for specific problems or to search the database of over 14,000 programs and services.

**BINGO PRIZES** We are looking for prize donations for our monthly bingo game at the Senior Center. Please contact Randi Knechel at (609)737-0605 ext 636 if you have items you would like to donate. We are looking for items you would give as hostess gifts.

**Spring Explorations: COMING SOON!!** Explorations is putting the final touches on this spring! More information will be available in the March Senior Spirit. Classes will begin in April.

### **Useful Numbers for Older Adults in Hopewell Valley**

Adult Protective Services-(609)989-4320  
Contact Reassurance (free daily calls)-(609)883-2880  
FISH Meals on Wheels-(609)737-9123  
Mercer County Consumer Affairs-(609)989-6671  
Mercer County Nutrition Project (Pennington)-(609)737-3855  
Mercer County Office on Aging-(609)989-6661  
Mercer County Surrogate-(609)989-6331  
RideProvide of Greater Mercer County-(609)452-5140  
TRADE Transportation-(609)530-1971

## ***Special Events for February 2017***

**Brown Bag Luncheon** Friday, February 3, 2017 , 12:30pm at the Pennington Presbyterian Church, 13 S. Main Street, Pennington. Randi Knechel, Hopewell Valley's new Senior Services Coordinator will be our speaker for the February 3, 2017 Brown Bag Luncheon. Come and meet Randi, learn about her plans for the future, bring questions and suggestions. Lunch is at 12:30 and the program at 1:00. Bring your sandwich. Beverages, fruit and light dessert will be provided. Call the church office, 609-737-1221 with questions.

**Movie: Cinema Paradiso** Friday, February 3rd, 1:30pm at the Mercer County Library-Hopewell Branch, 245 Pennington Titusville Road, Pennington. Rated PG - Cinema Paradiso offers a nostalgic look at films and the effect they have on a young boy who grows up in and around the title village movie theater. The story begins in the present as a Sicilian mother pines for her estranged son, Salvatore, who left many years ago and has since become a prominent Roman film director who has taken the advice of his mentor too literally. He finally returns to his home village to attend the funeral of the town's former film projectionist, Alfredo, and, in so doing, embarks upon a journey into his boyhood just after WWII when he became the man's official son. In the dark confines of the Cinema Paradiso, the boy and the other townsfolk try to escape from the grim realities of post-war Italy.

**Tech Time:** Tuesday, February 14th, 3-4pm at the Hopewell Branch of the Mercer County Library, 245 Pennington Titusville Road, Pennington. Stop in for tech help from local teens. **Registration required by February 7th.** To register, contact 737-0605, ext. 636.

**Hearing Aids** Wednesday, February 15th, 10:00am at the HV Senior Center, 395 Reading Street, Pennington. Join us as Susan Dondes teaches us about hearing loss and different hearing aid options that you can benefit from!

**African American Presence in the Sourland Region** Tuesday, February 21, 10:00am at the Hopewell Valley Senior Center, 395 Reading Street, Pennington. Come celebrate Black History Month with us as we learn about the African American presence in the Hopewell Valley Region as far back as the Revolutionary War. Local residents Beverly Mills, Elaine and John Buck will speak about the history in our area and the Sourland Mountains as far back as they have been able to trace!

**AARP Tax Aide** Wednesday, February 22, 2017, 1:00-4:00pm at the Hopewell Valley Senior Center, 395 Reading Street, Pennington. AARP Tax-Aide volunteers will be available to help Hopewell Valley residents prepare tax returns and answer tax questions. This service is provided by local AARP volunteers with special attention to those age 60 and over. Residents are asked to bring all relevant financial information for 2016, as well as 2015 federal and NJ tax returns to their appointments. **Appointments are required.** Please call (609) 737-0605, ext. 636 or rknechel@hopewelltp.org to make an appointment or for more information. For year-round tax assistance visit [www.aarp.org/taxaide](http://www.aarp.org/taxaide).

**Movie: Our Kind of Traitor** Wednesday, February 22, 2017, 1:30pm and 6:30pm at the Mercer County Library-Hopewell Branch, 245 Pennington Titusville Road, Pennington. Rated-R. An English couple vacationing in Morocco (Ewan McGregor and Naomie Harris) are approached by a money launderer for the Russian mob (Stellan Skarsgård), who asks for their help in defecting to British Intelligence. Damian Lewis co-stars as the MI6 agent handling their case, who realizes that the mob has links to several prominent British politicians. Directed by Susanna White, Our Kind of Traitor is based on the novel of the same name by legendary author John Le Carré.

*Programs subject to cancellation due to extreme weather. For more information, call (609)737-0605, ext. 692.*

## **Ongoing Programs**

**Aging-In-Place** is the third Tuesday of the month from 3:00-4:30pm at the HV Senior Center. This is a group of people who are exploring ways to support each other as they age. No registration required.

**Artists' Choice** will be meeting on 2/7, 2/14 and 2/28 from 1-3pm at the HV Senior Center, This program is coordinated by Susan Ewart. For more information call 737-0605, ext. 636.

**Bingo** First Wednesday of the month, 10:30-11:30am at the HV Senior Center.

**Blood Pressure Screening** First Tuesday of the month, 10-11am at the Hopewell Valley Senior Center. Third Tuesday of the month, 10am-noon at the Hopewell Township Municipal Building.

**Folding** Meets the third Monday of the month, 1:00pm at the HV Senior Center, 395 Reading Street, Pennington. Help us get ready for next month by volunteering to fold the newsletter. Refreshments will be provided. For more information call (609)737-0605, ext. 636. **THIS MONTH WILL MEET ON TUESDAY, FEBRUARY 21st DUE TO HOLIDAY SCHEDULE.**

**Healthy Bones** Every Monday at 10:30am at St. Matthew's Church, 300 South Main St. in Pennington. Call 466-2324 for information. Also every Monday and Wednesday at 10:45am at the Hopewell Township Municipal Building, 201 Washington Crossing-Pennington Rd. in Titusville. Brought to you by the Healthy Bones volunteers and the Hopewell Township Health Department. Free. For more information call (609)737-0120, ext. 638.

**Hopewell Valley Leisure Club** Social club, including activities and speakers for Valley seniors. The club meets the first Tuesday of every month at 11am at St. Alphonsus Church in Hopewell. For more information, please call 466-0657 or 466-0761.

**Lunch** Monday-Friday, 11:30am at the Hopewell Valley Senior Center, 395 Reading St. in Pennington. Call the Mercer County Nutrition Project at 989-6650 for information or the senior center from 9am-1pm at 737-3855 to register. Meals must be reserved three days in advance. Suggested donation.

**Mahjongg** Thursdays, 1:30-3:30pm at the HV Senior Center. Weekly Mahjongg. Beginners welcome to attend and shadow experienced players. Free.

**Mondays with Mia** will be held on **February 27th** at 11:00am at the Hopewell Township Municipal Building, 201 Washington Crossing Pennington Road, Titusville. Come meet Mia for an hour of fun. Enjoy human conversation and an opportunity to hang out with a friendly canine. Mia is a chocolate lab who is a certified therapy dog with The Bright and Beautiful Therapy Dogs, Inc. Mia and her handler, Moira Nilsson. Mia's training means she is gentle enough to interact with people with special needs.

**Senior Advisory Board Meeting** is the third Wednesday of the month at 2pm at the HV Senior Center. The Senior Advisory Board seeks to enrich the quality of life for Hopewell Valley Seniors. The public is encouraged to attend. Refreshments served. For more information call (609)737-0605, ext. 636.

**Social Bridge** Mondays, 2:30-4:30pm at the at the HV Senior Center. All experience levels invited, come socialize while playing bridge!

*Programs subject to cancellation due to extreme weather. For more information, call (609)737-0605, ext. 636*

***Hopewell Valley Senior Center, 395 Reading Street, Pennington, NJ 08534***

**The African American  
Presence in the Sourland  
Mountain and Hopewell Valley**

Presented by Beverly Mills, John and Elaine Buck

**Tuesday, February 21 at 10:00am**

**HV Senior Center**

**395 Reading Street, Pennington**

The Stoutsburg Cemetery land was purchased so the African Americans would have a place to be buried with dignity. The cemetery has served as a burial ground for African Americans from as far back as the Revolutionary War. Join us for a discussion with Beverly Mills, John and Elaine Buck about their research into their family history and the history of African Americans in the Sourland Mountains and right here in Hopewell Valley!





Hopewell Valley Senior Services  
201 Washington Crossing-Pennington Rd.  
Titusville, NJ 08560

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