



**2023**

## **Diabetes Education at Capital Health**

**Capital Health-- Hamilton  
1401 Whitehorse-Mercerville Road  
Hamilton, New Jersey 08619**

**Capital Health Medical Center—Hopewell  
One Capital Way  
Pennington, NJ 08534**

This is a comprehensive outpatient diabetes education program that empowers individuals to take control in the successful management of their diabetes.

**A physician referral is required.**

This intensive program includes:

- √ Group sessions taught by a multidisciplinary staff \*\*
- √ An 8-week follow-up with a Certified Diabetes Care and Education Specialist
- √ Individual appointments are available based upon provider's recommendation

This program is either:

**Two Day** sessions 8:30am-2:30pm OR **Four Evening** sessions 5:30pm-8:30 pm

<u>Day</u>		<u>Evening</u>	
January 9 and 16	<b>Hamilton</b>	January 3, 10, 17, 24	<b>Hopewell</b>
March 6 and 13	<b>Hamilton</b>	April 4, 11, 18, 25	<b>Hopewell</b>
May 1 and 8	<b>Hamilton</b>	June 6, 13, 20, 27	<b>Hopewell</b>
July 3 and 10	<b>Hamilton</b>	September 5, 12, 19, 26	<b>Hopewell</b>
September 11 and 18	<b>Hamilton</b>	November 7, 14, 21, 28	<b>Hopewell</b>
November 6 and 13	<b>Hamilton</b>		

**For more information, call 609-537-7081**

*This program has been recognized by the  
American Diabetes Association since 2005*