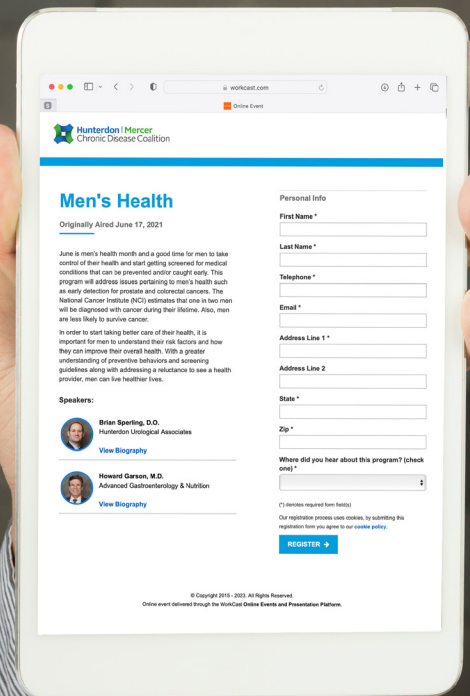


# SPOTLIGHT ON MENS HEALTH

VIEW ON-  
DEMAND AT YOUR  
CONVENIENCE



## FREE VIRTUAL PROGRAM FEATURING EXPERTS IN THE FIELD

### Health Challenges Men Face

- 1 in 2 men will develop cancer during their lifetime
- 1 in 9 will be diagnosed with prostate cancer
- Colorectal cancer is the 2nd leading cause of cancer death in NJ and on the rise in younger adults



### Brian Sperling, DO

Dr. Sperling is a board-certified urologist for Hunterdon Urological Associates and the Medical Director for Bridgewater Ambulatory Surgery Center. Dr. Sperling focuses on all areas of urology care and specializes in men's health and incontinence concerns.

### Take Control of Your Health

- Know your risk factors
- Create healthy habits
- Schedule routine health checks
- Recognize warning signs



### Howard Garson, MD

Dr. Garson is a gastroenterologist for Advanced Gastroenterology & Nutrition and specializes in gastroenterology and internal medicine.

For more  
**INFORMATION**  
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